

Calvary

Episcopal Church

1615 First Street, Indian Rocks Beach, FL
727-595-2374 ✉ www.calvaryirb.org
support@calvaryirb.org



Member of The Protestant Episcopal
Church of the United States (TEC) & The
Episcopal Diocese of Southwest Florida

The Crier

April/May 2016
Monthly Newsletter

"TO KNOW CHRIST....
AND TO MAKE HIM KNOWN."

Table of Contents

Leadership	3
Christian Education	4
Worship	5
Fellowship	10
Pastoral Care	14
Missions	16
Property	17
Stewardship	17
Connections	19
Birthdays/Anniversaries	20
Community Partners	21

O God, whose blessed Son made himself known to his disciples in the breaking of bread: Open the eyes of our faith, that we may behold him in all his redeeming work; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and forever. Amen.

(Collect for the Third Sunday in Easter)

Miracles from Heaven

It will come as no surprise to those who know me, that I have enjoyed watching several movies in my lifetime. I have found them to be most helpful resources in gathering relational stories to connect with Holy Scripture and with my faith in God. Particular parts stand out, and so I use them in my teachings and sermons.

While shopping the other day with my son (for a movie no less), I gave him personal reviews whereas he asked, "Dad, is there a movie you haven't watched?" "Of course," I said, and reminded him that the list of all the movies ever made is far greater to watch than the span of my entire life. Also, the list is a lot shorter since we abstain from watching those that are R-rated. If it is a battle-intense, war genre that earned our national freedom (i.e. *Saving Private Ryan*) or has a violent scene that touches my faith (i.e. *The Passion of Christ*), I may watch. To all the others, that glorify gore, crude,

lascivious reenactments of nudity and taking the Lord's name in vain, I say, "No thanks."

One recent movie, rated PG-13, appealed to our family and stands tall. We needed a night out so we went to see this movie called "Miracles from Heaven," starring Jennifer Gardner and an exceptional ten-year old, Kylie Rogers who played the central characters. They seemed to have the good life. They had a great, fun-loving, "traditionally functional" family who lived in a beautiful home in Texas with several dogs on the front porch. The husband/father took them in from his up-and-rising vet practice that afforded a ranch style living. They were a family of faith, attending a church community that I

suspected was non-denominational. From the very beginning they are seen with hands clapping, raised and praising God in Church, led by a great "band" that sung Third Day's *Soul on Fire*.

Little would they know that the soul would nearly lose its fire from the traumatic news that Kylie had a rare gastrointestinal disorder that prevented her from absorbing food. With grossly distended tummy, nausea, and fatigue, a white board kept score of all the necessary meds for coping with the disease while the pain increased. The long-distance and continuous journey to Boston to see the expert physician added up. Grief-struck and hopeless towards the end, where any parent would gladly swap places, Kylie confesses to her mom the pain is too severe, and she wants to give up. I have probably given more of the story away than I should, but you should go see it or rent it as the next turn of events is nothing more than, well... a miracle. The clue is a tree saves her life. Based on a true story, the Bean family's faith, their "soul on fire" could only be felt at its best when they traveled through their worst times. Through their doubt, through the pain of parent and child, this movie will move even the most, staunch agnostic.

We are in the time of the resurrection where the miracle is felt at its best because we traveled through the worst when Jesus, God's child, Mary's child, was nailed to the cross on Calvary. Then, at the moment of greatest despair, when all faith seems to be lost, it happened. A tree that threatened to take his life, ironically became something that would save our lives. A scene, worthy of an R-rating, of gore and agony on the Cross left us crying for relief and searching for hope on Good Friday not long ago, but now, we are on the other side of the miracle where we rejoice the glorious resurrection of Jesus Christ our Lord. The miracle that was revealed to us from heaven, becomes the one revealed to us today with every kind of reenactment where love is expressed. We are witnesses that share in this revelation: the greater the pain, the greater the miracle.

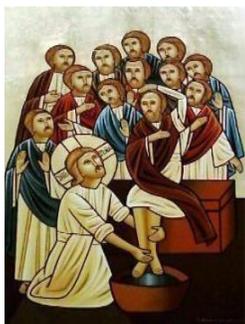
It is also no surprise that Christian films go through a greater scrutiny in Hollywood, casting general suspicion to the general public because they are illiterate to God's Word. Many people will watch this movie and it will most likely be brushed off by critics saying people will do anything to grasp for a little hope. My dear brothers and sisters in Christ, do not follow this growing trend of apathy, wagging your heads in doubt over the miraculous nature of God. Do not let go of the miracle that God has revealed to you in Christ Jesus, for His love is enduring, patient and true, meeting you in your doubt, in your loss and in your pain. We no longer have to suffer and carry the heavy weight of life's circumstances that threaten to take away our soul on fire. For those of you who have traveled through these moments by your faith, you know what I'm talking about and to you it is no surprise, that Jesus, the greatest gift of all, is the miracle from heaven.

Yours, faithfully in Christ Jesus our Lord,
Father Jon



What is your favorite movie that teaches you about faith in Jesus? Fr. Jon would love to know. Send your favorite(s) to him and he will publish in the next edition of the Crier along with your personal commentary. jroberts@calvaryirb.org

Who is interested in having a movie night at Calvary? Looking for some willing volunteers to organize. Please see Fr. Jon.



Leadership

Leadership Commission Report

At our recent retreat your Vestry entered into conversation about the above-named topic and we used an article written by Scott Evenbeck as a resource to drive our discussion. This article was found on the Episcopal Church Foundation website. This website has a wealth of information. We ponder these thoughts as we move forward with our planning to lead our parish into the future.

1. Those of us on vestries should explicitly seek God's guidance in our work. The work of the vestry can be done only as it is grounded in the Gospel of Christ.
2. The vestry must seek means to form community. Finding common ground, centered on the spiritual life of individuals and of the vestry as a group is fundamental to successful work.
3. A vestry should act in concert with the rector. The rector is a partner with the vestry in the mutual discernment of mission. The rector is the head of the vestry.
4. The vestry is a group seeking to discern, with the rector, what the parish is called to do and to have oversight of that work.
5. A vestry must define its mission, vision, values, and goals. There are many organizing principles for outlining the work of the vestry. We have framed our work within the ten commissions of this church.
6. Hold yourself, and one another, accountable. Vestry members commit themselves to the tithe. We talk about pledging in concrete terms.
7. Vestries should celebrate. Celebratory events should be part of vestry life. We have a parish that is rich in opportunities that praise, recognize and provide many types of fellowship.
8. Have formal rituals. We begin and end our meetings with prayer.
9. Seek continuity and embrace change. Our planning journey adapts and reacts to changes in our church, the community and society in general and we look to these as opportunities.

Leadership Commission Co-Chairs

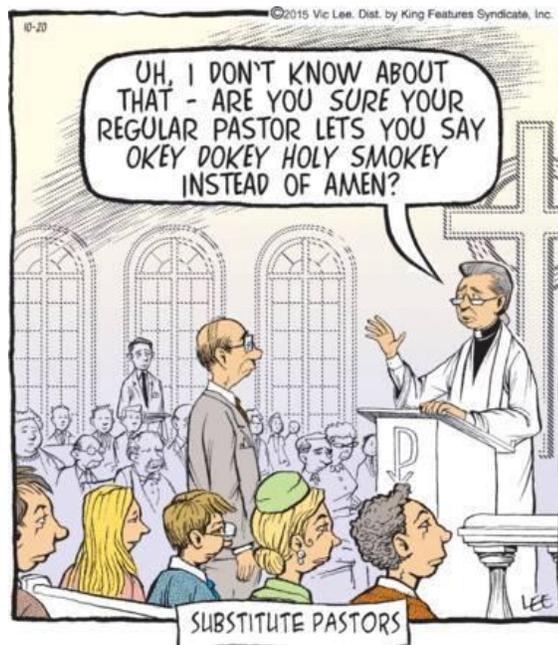
Jo Simpson - jsimp0901@aol.com and Cathy Athanson - durbinwv41@gmail.com

Supply Priests

We are very honored to call upon two most experienced priests to supply for Fr. Roberts when he is away on personal leave, mission trips or continuing Christian Education experiences. They have also been most helpful for pastoral support and counsel. Fr. Hugh Bell supplied on April 3rd as the Celebrant & Preacher and we thank him for his service. Fr. Mike Day will be called upon for summer supply and other occasions.

Trivia question: Is a Bishop, Priest or Deacon a "member" of a Church?

Answer: No. Technically they are members of the diocese to which they are "canonical" residents. A further reminder that the laity are responsible for the Church and "call" clergy to lead them.





Christian Education

Cursillo

Cursillo is such a wonderful opportunity to strengthen your faith. It is a short course in Christianity led by lay people. The weekends are held at DaySpring, our Diocesan conference center in Ellenton. The enthusiasm of our newest members have sparked all of us to work a little harder to find others who might want to share this wonderful weekend. A weekend begins on Thursday evening and is over on



Sunday afternoon. You will hear several short talks given by both lay people and clergy. There is music, laughter, good food and good fellowship. If you are interested in attending a weekend or learning more about Cursillo, please talk to Fr Jon or any of our Calvary Cursillistas. We will be most happy to tell you about our experiences. I cannot think of any event in my life that has strengthened my faith as much as my Cursillo weekend did. There will be a Cursillo weekend September 29 - October 2, 2016 and we would love to see many of you attend. I promise you that you will be very happy you attended. Judy Marx - Jmarx9450@aol.com

Why Did Jesus Fold the Napkin?

Why did Jesus fold the linen burial cloth after His resurrection?

The Gospel of John (20:7) tells us that the napkin, which was placed over the face of Jesus, was not just thrown aside like the grave clothes. The Bible takes an entire verse to tell us that the napkin was neatly folded, and was placed at the head of that stony coffin.



Early Sunday morning, while it was still dark, Mary Magdalene came to the tomb and found that the stone had been rolled away from the entrance. She ran and found Simon Peter and the other disciple, the one whom Jesus loved. She said, 'They have taken the Lord's body out of the tomb, and I don't know where they have put him!' Peter and the other disciple ran to the tomb to see. The other disciple out ran Peter and got there first. He stopped and looked in and saw the linen cloth lying there, but he didn't go in. Then Simon Peter arrived and went inside. He also noticed the linen wrappings lying there, while the cloth that had covered Jesus' head was folded up and lying to the side.

In order to understand the significance of the folded napkin, you have to understand a little bit about Hebrew tradition of that day. The folded napkin had to do with the Master and Servant, and every Jewish boy knew this tradition. When the servant set the dinner table for the master, he made sure that it was exactly the way the master wanted it. The table was furnished perfectly, and then the servant would wait, just out of sight, until the master had finished eating, and the servant would not dare touch that table, until the master was finished.

Now if the master were done eating, he would rise from the table, wipe his fingers, his mouth, and clean his beard, and would wad up that napkin and toss it onto the table. The servant would then know to clear the table. For in those days, the wadded napkin meant, "I'm finished.." But if the master got up from the table, and folded his napkin, and laid it beside his plate, the servant would not dare touch the table, because the folded napkin meant,...

"I'm coming back!"

Submitted by Fr. Jon

2016 Summer Camps at DaySpring

The Episcopal Diocese of Southwest Florida is proud to offer summer camp at DaySpring Episcopal Conference Center. Established in 1983, DaySpring is known as one of the top church conference camps in the U.S.



Young people at Calvary are invited and encouraged to attend.

"Campers" participate in a Christian program designed to help them grow spiritually and emotionally, providing them opportunities to explore new interests, skills and friendships. Sessions have been programmed for elementary, middle and high school students.

A \$390 fee for one week includes room, all meals and activities fees. Programs offered include sailing, canoeing, archery, high ropes, zip line, bible study, worship, team leadership training, tennis, basketball and court games. Water slides provide fun and relief from the heat. Participants are invited to participate in a talent show and sing, play a musical instrument they bring from home (piano is provided), dance or make up a skit. Wacky Wednesday activities, the Hootenanny and Capture the Flag are all highlights.

Preliminary Camp Sessions

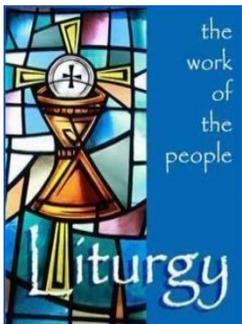
- Week 1, June 15 - 18, BREAKOUT Elementary Camp - (\$260 this camp only)
- Week 2, June 19 - 24, Middle School Camp
- Week 5, July 17 - 22, Elementary Camp
- Week 6, July 24 - 29, Youth Ministry Leadership Camp and Conference

Registration

The camps take place at DaySpring Episcopal Conference Center, 8411 25th St. E., Parrish, FL 34219. DaySpring is on a 92-acre campus located along the Manatee River in Parrish, featuring tennis courts, a volleyball court, basketball courts and a full-scale ropes course for team building and leadership training.

All applications will be dated upon receipt and considered on a first-come, first-serve basis. **Payment is due prior to camp arrival.** Additional registration materials will be mailed upon receipt of deposit and registration forms. The medical update form is required of each camper and is due upon arrival at camp.

Please register online at: <https://episcopalfloida.wufoo.com/forms/summer-camp-registration/>



Worship

Summary of Holy Week

There were moments of great "awe" and "reverence" felt throughout Holy Week by nearly a thousand people. Here are a few moments that were noteworthy.

On Palm Sunday, we have never seen such an amazing display of palms throughout our parish. Thanks to the idea by Greg Donham and the assistance of members of the Altar Guild, the sea of green and red made our Hosannas ring.

At the Maundy Thursday service 12 were called to be disciples and have their feet washed as they heard the words being sung ever so softly, "Jesu, Jesu, fill us with your love. Teach us what it means to

be a servant of you.” One person commented on how humbling it was to be called and wondered about their worthiness to receive such a gesture of hospitality. They thought about the disciples when Jesus was at their feet praying for them while they were being cleaned. Later, they would understand why this act was necessary when the Blessed Sacrament was placed in the tabernacle at the altar of repose, where Jesus asked us to join him, and to stay awake just one hour and pray.

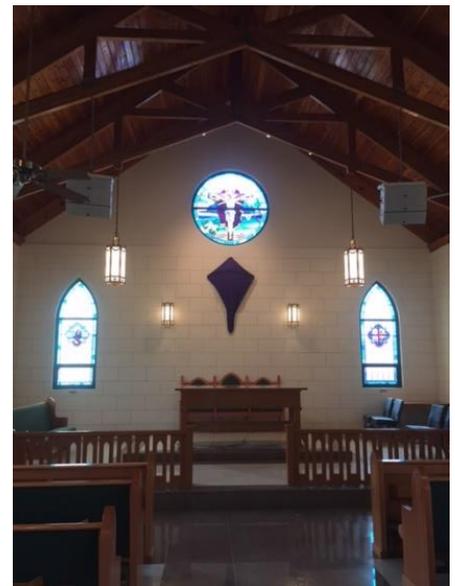
On Good Friday, we began with Stations of the Cross in the morning which led to the Veneration of the Cross at noonday. At the time of Holy Communion, some were surprised to receive several “hosts” in their hands rather than the customary one piece of bread to consume. They learned this one particular day, there would be no reserve, no presence of Christ's body and blood until the moment of resurrection at the Saturday Vigil. As the service proceeded to tell the story of Jesus' torture that led to his gruesome death on Calvary, something amazing happened. At the moment he died on the Cross, a mighty storm came upon us. It became very dark and we heard the rumbling of thunder. The rain came down hard and left us all with the feeling that God's heart was pierced for our transgressions and the tears came down from heaven for the death of His Son Jesus.

Holy Travel

Good Friday in the Bahamas...

In the town of New Plymouth on Green Turtle Cay, St. Peter's Church sits on the shoreline much like our very own Calvary Episcopal Church does here in Indian Rocks Beach. Cyndi and I were able to attend their Good Friday service this past week, and we had such a memorable experience. Prior to service, we were invited to read during their reenactment of 'The Passion' according to St. John. I was the narrator, and Cyndi read the parts of Peter and The Crowd. This was completely unexpected for us, but we embraced the opportunity wholeheartedly. In addition to this, the singing voices of the parishioners was another thing that stood out for us. We truly felt blessed to be included in their service that day.

Derek and Cyndi Good - dbg328@aol.com



Holy Week Pictures



Easter Sunrise Service



Easter Sunday Principal Services (8/10am)
Photography by Gwynne English





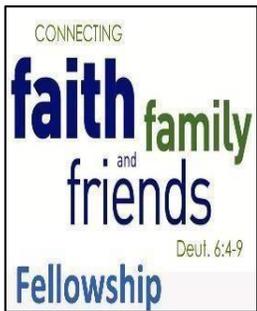


The Feast of the Ascension

The Feast of the Ascension of Our Lord and Savior Jesus Christ, also known as Ascension Thursday, Holy Thursday, or Ascension Day, commemorates the bodily Ascension of Jesus into heaven. It is one of the ecumenical feasts (i.e., universally celebrated) of Christian churches, ranking with the feasts of the Passion, of Easter, and Pentecost. Ascension Day is traditionally celebrated on a Thursday, the fortieth day of Easter although some Christian denominations have moved the observance to the following Sunday. We will celebrate this feast on the eve of Wednesday, May 4th.

The Easter Season lasts fifty days and climaxes with the Feast of Pentecost.

Cathy Athanson for the Altar Guild - durbinwv41@gmail.com

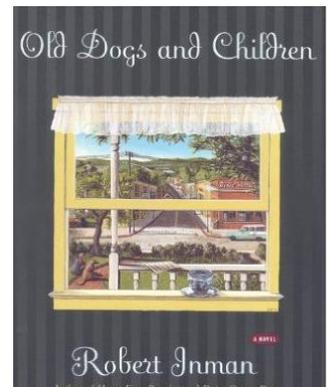


Fellowship

Book Club

The Bookies of Calvary will be meeting next on April 18th at 6:30 PM in the Conference Room. Our next selection is Old Dogs and Children by Robert Inman. Our May meeting is scheduled for May 16th. We will announce our selection for May at a later date. Please join us for fellowship and a great book chat.

Submitted by Cherie Smith and Cathy Athanson

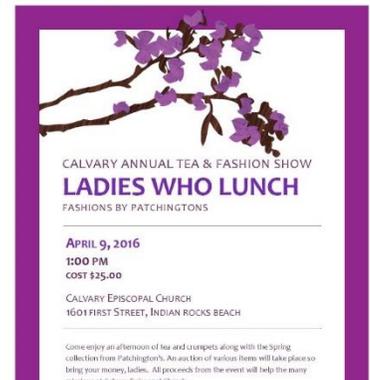


Ladies Who Lunch

The Tea & Fashion show scheduled for this month, Saturday, April 9th has been unfortunately cancelled for many reasons, mostly related to the time of the year being offered. It will, however, be brought back next season, on January 14th, 2017 and will be a vital part of our ongoing fundraising initiative for Calvary.

Leslie Long is the Chair of this event and any/all who would be interested in the year-long plan should contact her.

ladyldl@verizon.net



Hospitality Report

Whether you call it hospitality, coffee hour, reception or just fellowship, I urge you to come on down to the Parish Hall every Sunday after mass for a warm fuzzy happy time and meet and greet your friendly parishioners. Besides having the best coffee on Indian Rocks Beach we are really very interesting people. Let's get to know one another; there is always much to talk about, ask questions, sit with a stranger, become friends (vestry take note). Everyone is invited, help bring our spirited church family closer together and enjoy. PEACE

Submitted by Harvey Brillat for Hospitality (ssbrillat@aol.com)

Carol's Culinary Corner

Welcome back to Carol's Culinary Corner. Time sure has flown since the last Crier article. I hope you enjoyed the Hot Cross buns on Good Friday and perhaps baked some yourselves. I trust Holy week here at Calvary was very enriching, humbling and oh so JOYOUS!! HAPPY EASTER Y'ALL and may you be blessed with the Easter hope that springs eternal.

Here we are in April and did you know April is the National Grilled Cheese month? It is celebrated most specifically on April 12th. The Romans were first known to combine bread and cheese, however, the "invention" of the sandwich is credited to John Montagu, fourth Earl of Sandwich. He was a British statesman and quite the gambler and utterly shameless and reckless soul. He invented the sandwich so he wouldn't have to get out of his gaming chair to eat. I can't write about everything else he did, it's a church paper.

The sandwich became a staple here in America in the 1920's and was first served "open-faced". It was also a mainstay during the Great Depression. The grilled cheese sandwich became the favorite among the Armed Forces during WWII and was called "American cheese filling sandwich." In 1949, James L. Kraft introduced individually wrapped cheese slices. I'm sure you know that name...KRAFT AMERICAN CHEESE!! Yes, indeed. At this point in time it was known as "toasted cheese". It's a great sandwich with protein, carbs and fat all in one bite made with bread, butter and cheese. Yummy!! It can be made with bacon, tomatoes and other additions and commonly served with tomato soup. By the way, I love to dunk my grilled cheese right into the soup or even a mound of ketchup. It wakes up my inner child and provides so much comfort. Give it a try!! Did you know that 3 out of 4 people who buy sliced cheese will make at least one grilled cheese a month? You will be in good company.

Today menus at 5 star restaurants and delis will serve the grilled cheese sandwich. And of course in today's Culinary world they aren't always "your momma's grilled cheese. For today you may find this comfort sandwich made with different cheese, bagels or artisan bread. And they also have different names for their titles such as the Sports Bar Grilled cheese, the winner of the Gold award last year in the National Grilled Cheese contest. This sandwich consisted of Siracha BBQ chicken smothered in gorgonzola fondue with celery and carrots and mozzarella cheese ties the sandwich together on pan fried bread. Or how about the Picante? This one took the silver award showcasing chorizo sausage, poblano peppers and mexican corn salad tied together with pepper jack and cheddar cheese on jalapeno cheddar bread. AMAZING!! Sounds delicious doesn't it? They are definitely NOT "your momma's grilled cheese.

During the month of April go ahead and create your own grilled cheese. Go ahead... I know you want to. And until next month remember, what Julia Child said, "find something you are passionate about and keep tremendously interested in it."

Happy Cooking,

Submitted by Carol Beauchamp

Not getting the Crier each month?

We strive to send out our information in a timely and efficient manner. If you have changed your email address, PLEASE let Laurie Lawther be aware, llawther@calvaryirb.org



You need to bring:

Sunscreen

Towels

Aqua shoes (you must swim to shore and flip flops will not work)

Lunch and/or snacks and beverages and plenty of water to stay hydrated

Personal Flotation Device

Beach toys such as mask, fins & snorkels, floats (optional)

**CALVARY FAMILIES
UNITED**

1615 First St. Indian Rocks
Beach, Florida 33785

APRIL 16, 2016
9:00 A.M.
COMPASS ISLAND

It is time to make our plans for our annual Compass Island trip!

It is most important that you RSVP as soon as possible but definitely by April 14th to AuntDisney@hotmail.com. We need to know exactly how many adults and children are coming so that we have adequate boat transportation. We don't want to leave anyone behind that wishes to come and have fun so please respond as soon as you can.

If you have a boat and are interested in volunteering to transport, please let me know as soon as possible. Right now we have 2 boats. The more people interested in coming, the more boats we need. We are in the planning process. Further details coming.

This will be an all-day in the sun event!

There is no shade on Compass Island. Boats anchor in the water and you will have to swim to shore.

**The Episcopal Diocese of
Southwest Florida,
Clearwater Deanery
Dominican Republic
Mission Presents:**



THE MYSTERY OF EDWIN DROOD

Book, Music & Lyrics: Rupert Holmes

The winner of 4 Tony Awards, including Best Musical, this toe tapping musical whodunit is based on the famous unfinished novel by Charles Dickens. A rollicking band of Victorian Music Hall entertainers take the stage with this madcap musical, spinning the tale of the mysterious disappearance on young Edwin Drood, and inviting the audience to decide a different conclusion to the play every night!

\$25 per person

to benefit the Dominican Mission Trip.

For more information or for tickets contact your church office.

**Join us for a great
theater event!**

7:00PM Appetizers

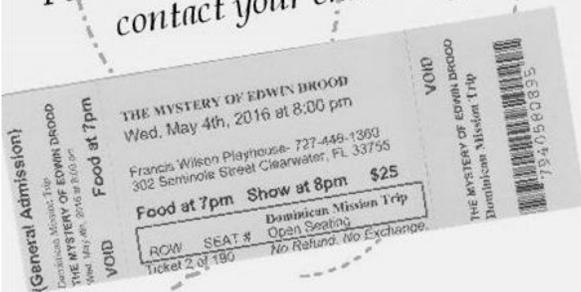
Desserts

Silent auction

Beer & wine bar *

8:00PM Show begins

* cash bar



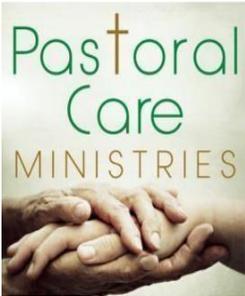
Wed., May 4th at 7pm

Francis Wilson Playhouse

302 Seminole Street

Clearwater on the bay, Florida 33755

727-446-1360



Pastoral Care

Hearing Aids

Several of our parishioners and visitors have hearing aids and come to worship in our Church with the hope they can participate. Sadly, they do not always hear what is being said. When this happens it is usually because their device does not pick up projected sounds very well over our PA system.



Few churches have what is called a "Loop" system which is very costly, but allows one to channel in on a looped circuit with the best clarity using their own device. It picks up all sounds. Some churches have hearing devices that are located at the entries which you turn on and put up to your ear. This is directly tied into the PA system, but only picks up the sounds being broadcast through that system and the clarity is "so-so."

Most of the modern hearing aids are greatly improved and interference is diminished along with a better clarity. We have parishioners who tell us that these newer devices that they have purchased can run anywhere between \$4,000-7,000. That is a large price to pay to be able to hear these days but many will say it is well worth it, especially when they come to Church.

Our other advice is that you ask your doctor the next time you have a hearing test about your options with a more superior device. The other advice we have is to sit up front as close as you can to pick up more "personal" sounds or gestures that help you understand what is being spoken. Many have chosen to do so, but be careful not to have your volume too high as to give interference to our wireless mic system.

If you find that your hearing aid does not pick up very well when the songs are being sung or the sermon is being given, do not hesitate to let Fr. Jon or Dcn. Melissa know, or any member of our Vestry. We sincerely want you to have a high quality experience each time you come to worship with us.

Colon Cancer Can Be Prevented

Not only is this good news, but there are increasing options for early screening that do not include colonoscopy. If you are 65 or over, ask about Cologuard. It's covered by Medicare and avoids the prep.

If you are between 50 and 64, talk to your doctor about colon cancer screening.

Here's what to ask:

1. I've read that there is more than one test for colon cancer. Which one do you think is right for me?
2. How is the test done?
3. Now that I'm 50 what other tests for cancer should I have done?

Doctors always seem to be on the go. Make your appointment time count.

- Be prepared for the visit.
- Be proactive with your health care.
- Be engaged and ask questions.

For more information, contact the American Cancer Society: 1-800-227-2345 or go to cancer.org

Yours in good health,

Submitted by Jo Simpson on behalf of the Parish Health Team (JSIMP0901@AOL.COM)

Drinking Water and Taking Aspirin

How many folks do you know who say they don't want to drink anything before going to bed because they'll have to get up during the night?

Heart Attack and Water - Drinking one glass of water before going to bed avoids stroke or heart attack. Something else I didn't know ... I asked my Doctor why people need to urinate so much at night time. Answer from my Cardiac Doctor: Gravity holds water in the lower part of your body when you are upright (legs swell). When you lie down and the lower body (legs and etc) seeks level with the kidneys, it is then that the kidneys remove the water because it is easier. I knew you need your minimum water to help flush the toxins out of your body, but this was news to me.

Correct time to drink water... Very Important. From A Cardiac Specialist!
Drinking water at a certain time maximizes its effectiveness on the body:

- 2 glasses of water after waking up - helps activate internal organs
- 1 glass of water 30 minutes before a meal - helps digestion
- 1 glass of water before taking a bath - helps lower blood pressure
- 1 glass of water before going to bed - avoids stroke or heart attack.

I can also add to this... My Physician told me that water at bed time will also help prevent night time leg cramps. Your leg muscles are seeking hydration when they cramp and wake you up with a Charlie Horse.

Mayo Clinic on Aspirin - Dr. Virend Somers is a Cardiologist from the Mayo Clinic who is the lead author of the report in the July 29, 2008 issue of the Journal of the American College of Cardiology.

Most heart attacks occur in the day, generally between 6 A.M. and noon. Having one during the night, When the heart should be most at rest, means that something unusual happened. Somers and his colleagues have been working for a decade to show that sleep apnea is to blame.

1. If you take an aspirin or a baby aspirin once a day, take it at night.

The Reason: Aspirin has a 24-hour "half-life"; therefore, if most heart attacks happen in the wee hours of the morning, the Aspirin would be strongest in your system.

2. Aspirin lasts a really long time in your medicine chest; for years. (when it gets old, it smells like vinegar).

Why keep Aspirin by your bedside? It's about Heart Attacks - There are other symptoms of a heart attack, besides the pain on the left arm. One must also be aware of an intense pain on the chin, as well as nausea and lots of sweating; however, these symptoms may also occur less frequently.

Note: There may be NO pain in the chest during a heart attack.

The majority of people (about 60%) who had a heart attack during their sleep did not wake up. However, if it occurs, the chest pain may wake you up from your deep sleep. If that happens, immediately dissolve two aspirins in your mouth and swallow them with a bit of water.

Afterwards: - Call 911. - Phone a neighbor or a family member who lives very close by. Say "heart attack!" - Say that you have taken 2 Aspirins. - Take a seat on a chair or sofa near the front door, and wait for their arrival andDO NOT LIE DOWN!

Submitted by Chuck Pond, cwpond@gmail.com

Resource: The Mayo Clinic, 2015



Missions

Society of Anglican Missionaries and Senders (SAMS)

March was an exciting month in the Episcopal Diocese of Toliara in Southwestern Madagascar.

You may recall the visit to Calvary on January 24 of Rev. Patsy

McGregor. Patsy and her husband Bishop Todd McGregor have been missionaries for 25 years, the last 10 years developing a new diocese in Toliara, Madagascar. Patsy and Todd serve the people of the Diocese of Toliara through primary evangelism, opportunities for education, and development of economic activities. Madagascar is among the poorest countries in the world and the areas comprising the Diocese of Toliara are the poorest within Madagascar. Today, there are between 6,000 and 7,000 parishioners in the Diocese. It was a special joy on March 13, to dedicate this beautiful cathedral, (pictured here) to the Glory of God.

Financial support can be sent to: SAMS-USA, Box 399, Ambridge, PA 15003; for McGregor Ministries or through Calvary.



Submitted by Edward P McNamara

1086 River Rd Norwood, NY 13668 ph: [315 261 4930](tel:3152614930), edjoycemcnamara@yahoo.com

Ed McNamara and his wife Joyce, are faithful in attending Calvary in the winter season and have a great passion for Missions. They are close friends with the McGregors and have made visits to this wonderful mission field in support of those Christians in Madagascar.

Beach Community Food Pantry

On Saturday, April 30th the city of IRB and the Homeowners Association will present the first annual Beachfest, to be held at the 18th Avenue Park Beach Access. This well attended event starts at 11 am and ends at 9 pm. The BCFP has been invited to sell sausage sandwiches, hot dogs, water and soda throughout the event. We sincerely thank the City of IRB and the IRB Homeowners Association for offering us this wonderful fundraising opportunity. Please note that all proceeds from this concession will benefit BCFP. We will need volunteers to staff our stand during the day. Please consider joining us for a great day at the beach as well as helping BCFP generate funds for the needy in our community. Come out for a great day at the beach and support our local community organizations.

On Saturday May 14th, the US Postal Service will conduct the 24th annual 'Stamp out Hunger' (www.nalc.org/community-service/food-drive) national food drive which has delivered over 1 billion pounds of food to local food banks nationwide. It is the largest one-day food drive in the world. The great folks at our IRB P.O. will once again collect bags of unexpired, non-perishable food donations and deliver them to BCFP, starting at 4 pm. We will need a large contingent of volunteers to help sort out the many boxes of donations by the end of the day. Please put this important day and time on your calendar. This is an annual event that has been very helpful to the food pantry in their efforts to feed the needy in our community and your assistance will be a blessing.

Submitted by David Kline



Property

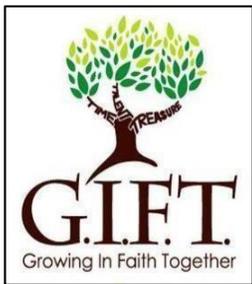
Clean-Up Day at Calvary

REMINDER...Clean-up day is Saturday, April 23rd at 9:00 am. Landscaping, repair work, washing windows, cleaning carpets and dusting. Phil Beauchamp is the organizer for this event. beaugator3@aol.com



Cross Cleaning/Painting

Many, many thanks to 2 "angels" for caring for our cross in front of Calvary. This is the third time that David and Karen Hillegas have cleaned and painted the cross. They've done a wonderful job and it looks fantastic!



Stewardship

The Satisfaction of Social Giving

Did you know that 60 percent of churchgoers across all age groups prefer to give electronically? Or that your most active members want electronic giving the most? Or that a majority of churchgoers prefer electronic giving, but many still want to participate in the church's tradition of passing the plate? Understanding why and how churchgoers give can help your church make decisions that allow members to give more easily, and more often.

A majority of churchgoers prefer electronic giving options, but many still want to participate in the church's tradition of passing the plate. Can Churches find solutions so their members can give electronically and still feel the satisfaction of making a tangible gift?

We believe they can, as long as they understand their members' conflicting emotions and what's behind them.

When we surveyed more than 1,000 U.S. churchgoers, 60 percent told us they favor e-Giving because it's convenient and their churches benefit from consistent revenue. But a sizable portion of that group also told us they enjoy the satisfaction that comes from taking part in traditional giving and don't want to miss out on having something to put in the plate when it's passed. In fact, 39 percent of our survey respondents who prefer electronic giving at church also strongly identify with "liking the feeling of giving when the plate is passed."

It's interesting to note that the feeling of satisfaction that comes from "passing the plate" is strong across all age groups:

- Ages 35-44 = 37 percent
- Ages 24-34 = 42 percent
- Ages 45-54 = 45 percent
- Ages 55-65 = 48 percent
- Ages 66-72 = 43 percent



"Cards such as this are found in our Church Narthex. If you give online, take one and place in the offering plate."

Giving money to churches or other charitable organizations leads to the greatest happiness when it has a social connection. Not only do churchgoers like the tangible feeling of putting something in the plate, they also like the connection they get when they can show others that they're financially supporting the church's mission. Overall, churchgoers want the benefits of e-Giving, but they also want the satisfaction of taking part in giving at services.

Your church can serve both needs...

- First, give members the electronic options they desire and let them decide how and when they want to give.
- Next, provide pew cards that say, 'I Give Electronically' or kiosk donation slips that members can drop in the plate during services.

Article can be found on <http://blog.vancopayments.com/the-satisfaction-of-social-giving>

Treasurer's Report

Finance Committee – The FC met on Feb 25th (to discuss the following):

- The net receipts from Winterfest we reported at \$11,921.71.
- Keith Oeste has volunteered to head the Audit Committee along with Tom Monk and Maria Gonzalez.
- Calvary's Investments were reviewed and the FC agreed to remain at an allocation of 65% stocks, 35% fixed income.
- A Merrill Lynch LMA (Loan Management Account) is being evaluated to meet cash flow needs during periods of low income. This borrowing will require Finance, Vestry, and ESWF approval before any transaction takes place.
- The BCFP Fund balance was reported as \$32,724.
- Grants of Authority (i.e., list of credit card holders) were approved for the Calvary and BCFP Credit Cards with a limit of \$2,500. Tom Monk will reconcile the credit card receipts/purchases to the credit card statements. Maria Gonzalez will do same for the Calvary Checking Account.
- The Sunday Counters process was discussed and working toward a smoother flow of information and coordination with Laurie and the counters to improve the counting process. Betsey McKenna will coordinate.

January – February, 2016 Financials Income Statement

Income – Total Income through February YTD is below budget by \$3,381 (\$71,050 vs \$74,431). The most significant unfavorable variance is Winterfest below budget by \$4,707 (\$10,293 vs \$15,000) for the period. Note – a portion of Winterfest was booked when received in the 2015 financial report. The total net for the Winterfest event was \$11,922 and considering the inclement weather is very positive though below budget of \$15,000.

Also, Total Property Income was below budget by \$1,995.

Pledge, non-pledge, and plate income all exceeded budget for the period although this includes several Annual Pledge payments. For February only, pledge income exceeded budget by \$1,099, while plate income and non-pledge income fell short of budget by \$1,986.

Expenditures – Total Expenditures through February YTD were favorable to budget by \$17,661 (\$58,788 vs \$76,449). Copier Expense exceeded budget by \$598 which will not likely recover at the current monthly Contract rate of \$835.

Net Income – Net Operating Income was favorable at \$12,262. However, we have only two months, two of our most high Revenue months behind us. As a reminder, our Operating Budget includes a shortfall made up of Investment Revenue of \$23,602 to balance the budget at breakeven. It seems likely that we will have to draw an amount at year end, absent inc Rev or reducing Exp.

Phil Beauchamp

Important Dates “At-a-Glance”

Thursday, April 7 th	12pm	Church Directory Pictures
Saturday, April 9 th	10:00 am	Greg Pappas Funeral
Sunday, April 10 th	8/10 am	Holy Eucharist followed by Fellowship
Monday, April 11 th	6:00 pm	Executive Committee Meeting
	6:30 pm	Vestry Meeting
Tuesday, April 12 th	8:00 am	Morning Prayer
	10:00 am	Administrative Staff Meeting
	10:15 am	Sit and Be Fit
Wednesday, April 13 th	6:00 pm	Holy Eucharist
	7:00 pm	Adult Christian Education Class
		Youth Ensemble Practice
Saturday, April 16 th	9am-4pm	Calvary Boat Day to Compass Island
Sunday, April 17 th	8/10 am	Holy Eucharist followed by Fellowship
Monday, April 18 th	6:30 pm	Bookies of Calvary
Tuesday, April 19 th	8:00 am	Morning Prayer
	10:00 am	Administrative Staff Meeting
	10:15 am	Sit and Be Fit
Wednesday, April 20 th	6:00 pm	Holy Eucharist
	7:00 pm	Adult Christian Education Class
		Youth Ensemble Practice
Saturday, April 23 rd	9am-noon	Calvary Clean-up Day
Sunday, April 24 th	8/10am	Holy Eucharist followed by Fellowship
Tuesday, April 26 th	8:00 am	Morning Prayer
	10:00 am	Administrative Staff Meeting
	10:15 am	Sit and Be Fit
Wednesday, April 27 th	6:00 pm	Holy Eucharist
	7:00 pm	“The Last” Adult Christian Education Class
		Youth Ensemble Practice
Saturday, April 30 th	11am-9pm	IRB “Beachfest”/Parking Fundraiser for the Youth
Sunday, May 1 st	8/10 am	Holy Eucharist followed by Fellowship
Tuesday, May 3 rd	8:00 am	Morning Prayer
	10:00 am	Administrative Staff Meeting
	10:15 am	Sit and Be Fit
Wednesday, May 4 th	6:00 pm	“Feast of the Ascension” Holy Eucharist
Saturday, May 7 th	9am-noon	Diocesan Vestry Retreat at Dayspring
Sunday, May 8 th	8/10 am	Holy Eucharist followed by Fellowship
Monday, May 9 th	6:00 pm	Executive Committee Meeting
	6:30 pm	Vestry Meeting
Tuesday, May 10 th	8:00 am	Morning Prayer
	10:00 am	Administrative Staff Meeting
	10:15 am	Sit and Be Fit
Saturday, May 14 th	10:00 am	Schoenberg/Stitt Wedding & Reception
	4:00 pm	USPS Food Drive/Beach Community Food Pantry
Sunday, May 15 th	11am-6pm	“The Last Day” for Church Directory Pictures
Monday, May 16 th	6:30 pm	Bookies of Calvary
Monday, May 30 th	All day	Office Closed for Memorial Day

All liturgical events and only non-liturgical monthly events will be posted. All events of Calvary are included on the Church main calendar found on our website.



April Birthdays

- 3 – Eduardo Gonzalez
- 4 – Betsy Reynolds, Paul Farrier
- 5 – Bob Cannistraro
- 6 – Rick Schock, Spencer Yanacheck
- 7 – Nancy Cerwin, Robert Taliaferro
- 8 – Megan Laitinen
- 9 – Nicholas De Santis
- 11 – Justin Williams
- 13 – Greg Donham
- 16 – Harvey Hoffman
- 18 – Katherine Turner
- 19 – Diane Lincoln, Sada Premo
- 20 – Curtis Jensen
- 21 – Betty Sileo
- 23 – Claire English
- 24 – Laurie Lawther, Christine Barnard
- 25 – Ella Biddle
- 29 – Glenn Bradley
- 30 – Joan Vogt

May Birthdays

- 2 – David Kline
- 5 – Janet Hoffman
- 12 – Dick Snyder, Mary Farrier
- 14 – Sue Harry
- 16 – Edna Folio, Cedric Fisher
- 17 – Samantha Kingston
- 18 – Cecily Culbreth, Duncan Small
- 20 – Ralph Kiphuth, Lynne Roberts
- 21 – Carol Beauchamp
- 22 – Julie Heinicka
- 26 – Ed King
- 27 – Martha Kelley, Sally Sherwood
- 28 – Sally Donnor
- 29 – Skylar Small
- 30 – Hilary Taliaferro
- 31 – Toni Chapman, Jane Small, Gwynne English

New Members

CORRECTION...In 1988, when Rev. Jim Carter came to take the Job of full time assistant to the rector, it was Rev. John Birch, who was the priest, who agreed to hire him.

Pinellas Suncoast F&R

#27/28 Bdays

- 1 – Todd Bestl
- 3 – Timothy Burnham
- 12 – Brook Waring
- 13 – Sal D'Angelo

Wedding Anniversaries

- 1 – Harvey & Janet Hoffman
- 4 – Fr Jon & Lynne Roberts
- 14 – Phil & Carol Beauchamp

Pinellas Suncoast F&R

#27/28 Bdays

- 7 – Brandon Anderson
- 17 – Marshall Eiss
- 18 – John Mortellite
- 30 – Bob Hill

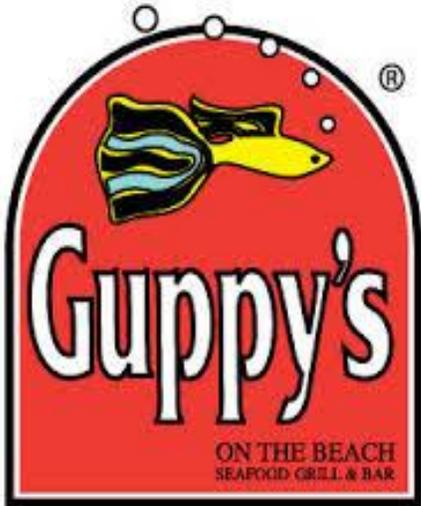
Wedding Anniversaries

- 16 – Chuck & Peggy Pond
- 18 – Brenda & Roger Knickerbocker



Our Choice of Social Media

Community Partners



Rotary Club of Indian Rocks Beach
"Service Above Self"



INDIAN ROCKS BEACH
ACTION
2 0 0 0



Indian Rocks
Family Sailing Association, Inc

*"Bringing our community together
to experience the gift of life under sail"*



Indian Rocks Beach Homeowners Association

Uniting Residents for the Preservation,
Beautification and Enjoyment of our Small Beach Community

